

PARTNER
PROFILE

SPOT ON THERAPY



SpotOnTherapy - Charley O'Dell

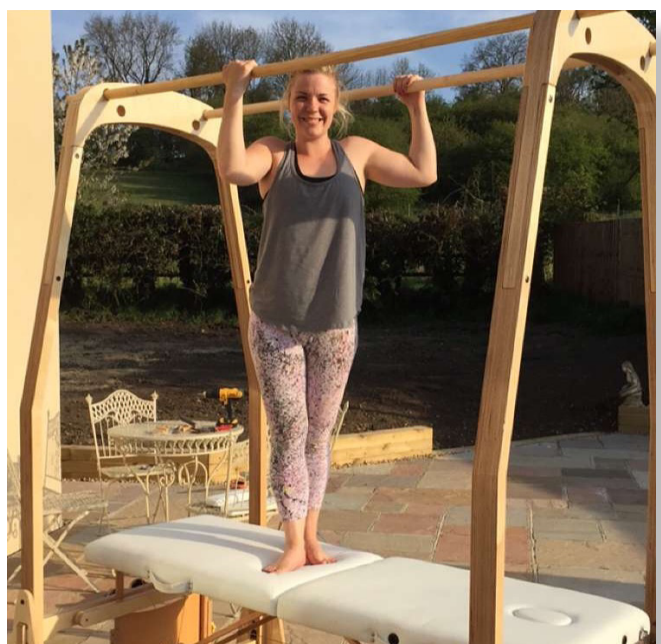
I have been working with St. Albans Hockey Club for the last three years, providing pitch side first aid, strapping and taping and sports massage to predominantly the Mens 1X team.

I am based in Harpenden and Kensworth and SpotOn Therapy offers Sports Massage, Rehabilitation and Personal Training for athletes and the general public.

Proud to work in partnership with St. Albans Hockey Club

www.spotontherapy.co.uk

charley.odell@googlemail.com



Ashiatsu Oriental Bar Therapy