



## PRESS RELEASE

### APPS LEADS THE WAY IN TANGERINE WIN-DOUBLES

Striker Scott Apps was the hero at Oaklands on Sunday scoring both goals as the St Albans Hockey Club men's 1<sup>st</sup> team defeated Blueharts 2-0. In a remarkable passage of play just after half time Apps won possession at left wing to mount an attacking move from which he scored, while minutes later Apps won a penalty corner which he then converted. The victory capped a successful double-header weekend for the team after a thrilling 4-3 win over Cambridge City on Saturday. The tangerines stormed to a 3-1 half-time lead after converting their first three penalty corner awards through Matt Davey, Apps and Alex Spencer, then a backhand solo goal from Adam Jones saw them home despite a spirited Cambridge fight-back. The ladies' 1<sup>st</sup> team's midwinter break continued so it was the ladies' 2s who took centre stage with a glorious 6-point win-double of their own. Saturday's 3-0 win at Colchester came through goals from Fiona Nekeman and two from Sarah Embrey, while Sunday's 2-0 victory at Crostyx saw Lexi Hamilton and Emily Panniers on the score-sheet. But the result of the weekend was delivered by the men's over 50s' side the Praetorians, whose 7-1 rout at league-leaders Spencer came courtesy of goals from Jean-Paul Vincent (3), Richard O'Toole (2) and David Sheridan (2).

PHOTO: St Albans men's 1s goal hero Scott Apps (photo: Chris Hobson)

