



## PRESS RELEASE

### EMPHATIC DOUBLE RECOVERY FOR TANGERINES

St Albans Hockey Club's first teams each recovered from conceding early goals to record emphatic victories at Oaklands on Saturday.

The ladies' 1<sup>st</sup> XI blew away Ipswich with 5 second half goals after trailing 1-0 at half time. Storming into gear after the interval, St Albans equalised when a Tash Humphris right wing overload released Lottie Porter on the far corner. A well worked penalty corner saw Porter cleverly deflect an Amy Kee shot to bag a second. Player of the match Holly Parsons scored a well worked third, before Ellie Watton and Emma O'Nien completed the rout.

The men's 1<sup>st</sup> XI ran out 4-1 winners against Wisbech after conceding early on, striking back through a Matt Davey penalty corner after a dazzling circle penetration from John Mould. The home team's high press forced a turnover from which Luke Samarasinghe outfoxed the Wisbech keeper to give a 2-1 half time lead. The second half saw midfield ill-discipline from St Albans lead to two yellow card suspensions, but Wisbech were unable to capitalise on a temporary two player advantage. The home side finished strongly with another Davey penalty corner goal, before principal tormenter Samarasinghe smashed a late shot to which Adam Jones cheekily got the last touch.

Earlier on the same pitch the St Albans men's Emperors team (over 40s) had achieved the same feat: recovering from an early 1-0 deficit to run out emphatic winners 4-1 against Hampstead and Westminster vets.

This Saturday sees the St Albans men visit Wapping and the ladies travel to Sevenoaks. Then on Monday evening 20 October at 730pm the club hosts a special Coaches Development Evening when guest David Ralph, England and GB hockey men's assistant coach, will speak about "Player Decision Making". Entry is £5 to all non-members of St Albans HC and the event is open to sports players and coaches from all clubs and all sports.

PHOTO (below): St Albans double goal scorer Lottie Porter (photo: Chris Hobson)



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